

## **Prescribed Dress**

### A Quick Guide for Families



Be Familiar With Your Student Handbook

LFCS requires prescribed dress across the district. Prescribed dress offers a number of benefits to students.

- \* Promote a positive learning environment.
- \* Reduce distractions and judgements based on appearance.
- \* Affordable and save families money.

#### **Prescribed Dress**

The uniform policy for all students is described below. All clothing must be plain without any brand names, insignia, manufacturer's logos, or pictures visible.

### **Approved Vendors:**

CA Clothing Co.
2504 Jamacha Road
El Cajon, CA 92019
10% Discount for LCHS Families
(619) 670-0803

Nunes Apparel (619) 669-1881

#### **Pants & Shorts**

#### Black, Navy Blue, Khaki

Pants must fit the waist and may not be oversized or undersized. Shorts must be walking shorts, straight-legged, knee-length shorts without cargo pockets.

Allowed: Full-length pants, cropped pants, khaki-style pants, straight-legged capri pants, uniform shorts, walking shorts.

Not Allowed: Baggy pants, denim, sagging pants, spandex, leggings, jeggings, yoga pants, cargo pants or cargo shorts.

#### **Skirts**

#### Black, Navy Blue & Khaki

**Allowed:** Pencil, box pleat or A-line, solid color leggings of the same colors as the approved polo shirts are permitted to wear under a skirt.

**Not Allowed:** Skirts shorter than three inches above the knee, spandex skirts, skater skirts.

#### **Shirts**

# Black, Navy Blue, White, Gray, Red, Dark Purple, Bright Pink, Maroon/Burgundy & Forest Green Polo Shirts

**Allowed:** Long or short sleeve polo shirts, dress shirts navy or white only, school spirit wear t-shirts.

Not Allowed: Shirts without a collar, shirts with more than three buttons.

#### **Shoes**

Dress Shoes, Tennis Shoes, or Boots all footwear must have closed toes and heel straps.

#### **Outerwear**

#### Solid Colored Black, Gray or Navy Blue

**Allowed:** Jackets, coats, sweatshirts and sweaters. LCHS Approved Team/Club issued outerwear. V-neck, crew-neck or cardigan must be worn with uniform shirt underneath.

Not Allowed: Multi-colored, inside out, without uniform shirt underneath, with logos other than LCHS.

#### **Hats & Hoods**

**Allowed:** Hats with LCHS logo and hoods of dress code compliant outerwear may be worn outside only.

Not Allowed: All other hats and headgear.